



*Committed to a Successful Transition
for our Combat Veterans...*

VIP Program Policies

Individual treatment plans are customizable *within the framework below*.

All medical treatments and the “Give Back” are mandatory. The Career Building portion is optional if you already have a stable career or career path. What makes VIP treatment successful is that the “schedule”, although it may seem overwhelming to you, this treatment will *actually overwhelm your high anxiety*, forcing it down significantly and keeping it down. High anxiety is addicting. This cycle must be broken for you to experience longterm life success in both your personal relationships and your career.

A lowered anxiety level is necessary for you to be able to grasp therapy and other positive life experiences, so that you may regain your sense of personal safety and achievement, and, experience life on a much healthier “normal’ level.

Upon emotional stability, our mission becomes two-fold:

- Maintaining your emotional stability
- getting you back to work in a *lucrative low-stress career*

You will need to have a high level of commitment to yourself and this program in order to be successful. Thus you may need to “clear your plate” of many life activities for a few months in order to participate in VIP.

Your treatment providers will be coordinated for you by our Corporate Office with providers in your local area (less than 30 minutes from your home address unless you specify otherwise). We will normally schedule your first appointment with each provider for you. Then going forward you will schedule your own appointments. If you prefer to make your initial appointments yourself let your Case Manager know and you may do so. *Your treatment is provided at NO COST to you or your family. You should never be asked for payment from any of your providers. If you are, refuse to pay and call our office immediately.*

VIP Services

- **VIP Squad Advisor** – This is a (local to you) Veteran or Active Duty service person that understands the Military culture and many of your experiences. This person is assigned to you to help you keep your treatment schedule and be a social friend. They do not participate in your treatment or appointments, however, *it is their responsibility (that you have agreed to) to make sure you attend all of your appointments.* We and they understand that you may not feel like going or may not be able to leave the house alone – their job is to get you there any way. If they need to pick you up or arrange a ride for you they are prepared to do that. Also, social isolation is part of PTSD and TBI. Your

VIP Advisor is there to help break that cycle with you – even if it is 15 minutes at a time in appropriate safe environments.

- **Psychiatric Initial Evaluation & then once per month for 24 months**
- **Psychological Initial Evaluation & then once per week for 6 months (additional eval at this time)**
- **Vet-2-Vet Group Therapy: once per week for 6 months (re-eval at 6 months)**
- **Spect Brain Scan – 1 before HBOT and 1 after 80 HBOT treatments**
- **Hyperbaric Oxygen Therapy: 4-6 treatments per week until 80 have been received**
- **Service Dog training in your home:** twice per week 3-6 mo (until the dog is trained)
- **Alternative Anxiety Reduction Treatments:** - choose 2 *different* ones from the list provided & then receive each once per week for 6 months (re-eval at 6 mo) Acupuncture, Meditation Yoga, EMDR, Bio Feedback, Nero Feedback, Massage, Exercise, Equine Therapy, Hypnotherapy, EFT, Meditation.
- **Job retraining** – eval for GI Bill and/or educational assistance from OpIV
- **Job search** – help with resume writing, interview dress, successful interviewing skills and techniques
- **Business Mentoring Scholarship-** if you have the funds and would like to start your own business a \$10k mentoring scholarship is available to you to help ensure you get off to a good start and have long term success.

- **Give Back** - VIP Squad Advisor; part of your enrollment is that upon your stability and life success at the end of your first year of treatment that you then become a VIP Squad Advisor for a new enrollee. Your VIP Squad Advisor will still be assigned to you during this year and will mentor you through your first client (someone like you).

***** You may remain a VIP Squad Advisor for as long as you would like, one client at a time. You may also become a VIP Squad Advisor Trainer. We want you to remain involved with our organization as long as it helps you to keep growing and moving forward in your life .

You may have a life circumstance that kicks up your PTSD to an unmanageable level again after experiencing months or years of success Examples are the death of a loved one, your own accident, finances, ect- those are just a few. If this happens in your life **CALL US IMMEDIATELY** – do not suffer alone. We will help you get back on your feet again quickly – after all, we obviously understand your problems and how to help you because we did if before!